

Unit 0 Social networkingCD 2, Track 20 (*British English*) **Part 1****Jake:** I must text Matt ...

Hi Matt having party saturday can u come? Jake

Matt: Hi, Jake, I got your text. You're having another party! You had one a few months ago.**Jake:** I like having parties. Do you want me to ask Elena? You really like her, don't you?**Matt:** Oh yeah, ask Elena. But does she like me - that's the question?**Jake:** I think she does. I'll text her now ...

Hi Elena party saturday. Matt's coming. Can u come? Jake

Matt: Cool! How many people are you asking?**Jake:** Well, my uncle's away this weekend, and he said I can use his house. But I can't ask more than 15 people.**Matt:** Fifteen!**Jake:** Yes. But the house is on the beach.**Matt:** On the beach! We can swim. I love swimming at night.**Jake:** Me too Hey, here's a text from Elena.

Sorry ☹ busy sat nite. Have a great time. Luv Elena xxx

Matt: Pity! OK bye, see you!**Jake:** Bye.**Part 2****Elena:** Hi, Jake, where are you? I said I couldn't come to your party, but well, things have changed. I'm at your uncle's house - but no one's there.**Jake:** I'm at home. Someone put the party on Facebook, so we decided to have the party at my house.**Elena:** OK. What's your address?**Jake:** It's 25 Spring Road.**Elena:** 25 Spring Road. Thanks. I'm on my bike. How do I get there?**Jake:** OK. Go straight on towards the traffic lights, then turn left into Beach Street. Then take the second right into Spring Road. Go down to the end of the road and it's the white house on the left.**Elena:** Can you text me that?**Jake:** Sure.

L @ traffic lights into Beach Street. 2nd right into Spring rd ... end of rd white house on L.CU Jake

Elena: ... The white house on the left That's it Oh, ow, ow!**Matt:** Hello, hey... Elena, are you OK?**Elena:** Matt, hi! I fell off my bike!**Matt:** Let me help you up!**Elena:** Thanks, Matt!**Matt:** Are you all OK now? Shall we go to the party?**Elena:** Yeah, thanks... I'm fine. Yes, let's go!**Unit 1 Adrenalin rush**CD 1, Track 1 (*American English*)**Tim:** You went skydiving? Are you crazy? That's dangerous!**Alicia:** Oh, don't worry! First I did a jump with my instructor. I put on a protective suit, a helmet for my head and goggles for my eyes. Then my instructor tied me to his parachute. We jumped out of the plane together and screamed. That helped us to keep breathing normally. Later I did jumps by myself.**Tim:** Well, I think it's wrong to do those dangerous sports.**Alicia:** Come on! We're not kids, are we? And it's such a great feeling.**Tim:** Weren't you scared?**Alicia:** Of course I was! But I did it, that's the great thing. You're in the open door of the plane, really, really scared... And the next minute you're out in the air, flying at 200 kilometres per hour.... What an adrenalin rush! And afterwards you say, 'YES, I did it!'**Tim:** People die doing extreme sports. What's wrong with ordinary sports, like soccer?**Alicia:** Boring...soccer is so boring. You just run around on a field in the rain.**Tim:** Right, but you get to work with others in a team. That's got to be good.**Alicia:** Well, I don't want that. I want to do something by myself. You don't know what skydiving feels like. Come with me next week.**Tim:** No way! Give me our soccer team any day. It's safe, it's good exercise; I'm with my friends.**Alicia:** Well, lots of kids have accidents in school sports, too. In fact, most accidents happen in traditional sports.**Tim:** That's because people don't wear any protection.**Alicia:** Didn't you sprain your ankle playing football last week?**Tim:** At least I didn't die!**Alicia:** Well, for me, it's the danger that makes a sport really thrilling.**Tim:** Thrilling, hah! I just want to stay alive - even if I can't walk on my sprained ankle.**Unit 2 Carnival atmosphere**CD 1, Track 2 (*London English*)**Reporter:** Hello. I'm Corinna Jones and I'm reporting from this year's Notting Hill Carnival in London. As usual the news is full of problems at the

Carnival. So, what do people in the crowd think? Excuse me, Madam, what do you think of the Carnival?

Woman: Well, the young people dancing, the food, the floats and the costumes are wonderful but ... well, Carnival is really too big now. There are too many tourists; it isn't OUR Carnival any more. And it isn't safe. Some people here have got knives and when they're drunk, there can be violence. There's too much alcohol. And everyone knows you can get drugs at the Carnival.

Reporter: But there are thousands of police officers here.

Woman: Huh. The police are just here to dance. The organizers don't want to spoil the image of the Carnival as a nice multicultural festival. The Carnival makes a lot of money from sponsors, you know.

Reporter: OK, thanks. Let's get another opinion. Excuse me.

Man: Yeah?

Reporter: What do you think of the music? There seem to be even louder sound systems, more DJs and more hip-hop music here today than in the past.

Man: Yeah, well, the Carnival's over 40 years old now and the music needs to change with the times. The traditional Caribbean carnival had steel bands and calypso music. There are still a few steel bands, but I guess it's the London Carnival now. It's for everyone and that means different types of music – hip hop, soul, jazz, reggae, everything.

Reporter: Do you think the Carnival's too commercial?

Man: Yes, it is – but everything's commercial nowadays. Festivals like this can't survive without sponsorship. But just look around you – it's still a great Carnival where you can dance and have a good time and that's the most important thing. Sometimes people do drink too much, but it's actually quite safe.

Unit 3 Lifestyle choices

CD 1, Track 3 (British)

Gary: What jobs did you find most interesting, Lynn?

Lynn: Well, I thought maybe ... accountancy... or working as a financial analyst with one of the big banks...

Gary: Really? Oh man, those jobs are for geeks - so boring! You want to work with numbers and computers ALL DAY LONG?

Lynn: I love numbers. My best subject is Maths, remember? I'm a techie – I love all that IT stuff. The technology gets more amazing all the time.

Gary: But it's a life full of stress. You've got to be in the office from 8 to 5 or even later every day. All those meetings ... How boring is that!

Lynn: Well OK, boring for you, but I like having a steady routine. It's a secure job. And I can get promotion.

Gary: C'mon. You sound just like my Dad! I want more adventure in my life. I want a challenge, more variety... that's better than routine and promotion!

Lynn: What kind of job do you want, then?

Gary: I don't know, really. I thought erm...something in the media...you know, maybe I'd like to be a freelance reporter, or a news photographer...

Lynn: What a horrible idea! You go to all those terrible disasters, and wars... and accidents...It's dangerous. You spend all your time travelling.... that's the worst thing I can think of.

Gary: Why? You get to see other countries; you're working with great people. It's a real adventure... You've got to admit, it's more fun than sitting at a computer all day.

Lynn: Not for me, it isn't. When I'm working on my computer, that's when I'm happiest! I'm always learning new things. I prefer a steady job in an office, thank you very much.

Gary: And a good salary, and a car, I bet.

Lynn: Yeah, why not? Money doesn't give you happiness....but it certainly helps!

Unit 3 Lifestyle choices

CD 1, Track 4 (British)

Pronunciation: Vowels (See Workbook page 9)

A Some vowel sounds in English can have different spellings:

ship (1)	sheep (2)	get (3)
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B Now listen to the sentences and check the answers you gave in A.

- My friend's a ski instructor – he teaches winter sports and spends his life in a cleaner and healthier environment.
- The garden centre specialist likes having her own business, meeting people, and not having a routine.

Unit 4 Stranger than fiction

CD 1, Track 5 (American)

Speaker 1: I love all the reality shows. I'm going to

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watch *Beautiful People* tonight – that program where they take an unattractive woman and give her plastic surgery so she looks like a beauty queen. I think it's amazing. They're, like, just normal women like me and then afterwards they're so beautiful. The women are so brave, too. I mean the operations are painful and they can't look in a mirror for, like, four months. I'd love to be on a show like that and be famous, but my boyfriend says, 'no way'.

Speaker 2: Tonight I'm going to watch *Your Date*. A girl goes on eight blind dates – you know, she doesn't know the men at all. Then each week she says goodbye to one, and in the last show she chooses which man she wants to marry. It's great! I like reality shows. Some are really dumb, though. I watched this girl on a show last night and she cried because she had to eat worms. But I mean, she wanted to go on that program. These people go on game shows for the money and the fame; it's their own fault if they can't cope with the problems.

Speaker 3: I'm not going to watch TV tonight. I don't watch TV much, especially all those reality shows. Man, those programs suck! Those stupid women in the makeover shows think they can change their appearance and everyone will love them. These shows just exploit and humiliate people – like that *I Wanna Be a Star* program where people want to be pop stars. Most of them can't sing at all and they cry when the judges tell them how bad they are. It's awful. The producers plan a lot of what happens on these reality shows, you know. It's not as real as you think!

Unit 4 Stranger than fiction

CD 1, Track 6 (*British*)

Pronunciation: Consonants

(See *Workbook page 11*)

A 1 Listen to these pairs of words. Can you hear the difference?

fewer	viewer
came	game

B 1 Listen and circle the word you hear.

A	dead
B	very
C	sink
D	bit
E	class
F	choke

Unit 5 Shopaholics

CD 1, Track 7 (*American*)

Debbie: Hello, Super Smart Customer Services, Debbie speaking. How can I help you?

Lucy: Hello. I ordered some gifts last week from your website, but the delivery is completely wrong!

Debbie: Oh dear! What's your name, please?

Lucy: Lucy Smith.

Debbie: Lucy Smith, ah, yes ... right, what's the problem, Lucy?

Lucy: Well, firstly, I ordered a Robbie Williams CD and I got a Coldplay CD.

Debbie: Really? I'm sorry about that. But I can really recommend Coldplay – they're brilliant!

Lucy: Yes, but ... I also ordered a black backpack, and I received a pink handbag.

Debbie: Oh ... Well, pink is THE colour right now, isn't it? I have a pink handbag myself.

Lucy: Yes, but it's my brother's birthday present. I don't think my brother wants a pink handbag for his birthday! Listen, the order is wrong! Some things are missing, too. I'd like to speak to the manager, please.

Debbie: Oh, I'm sorry he's on his lunch break right now. ... Did you get our free gift? ... The Super Smart shopping bag?

Lucy: Oh, yes I did. You can have it back! It's faulty. There's a hole in it!

Debbie: Well, we can exchange that, no problem! I'll send a new one out to you in Manchester.

Lucy: Manchester? I live in Brighton!

Debbie: I'm sorry – Aren't you Lucy Smith of 21 Wellington Gardens, Manchester?

Lucy: No, I'm not. I mean, I am Lucy Smith, but I live at 33 Aintree Avenue, Brighton.

Debbie: Oh, dear. That's why you got the wrong order! Just a minute ... The correct order is on its way to you right now, Lucy!

Lucy: But what about these other things?

Debbie: Please keep them. That CD is really very good! Thank you for calling. Have a nice day!

Lucy: Well!

Unit 6 Eat your greens!

CD 1, Track 8 (*American*)

Ellen: What time is it? I'm hungry!

Dan: Me, too! Let's get a cheeseburger.

Ellen: Erm, well, actually, I don't eat burgers any more.

Dan: What??

Ellen: I decided to become a vegetarian last weekend. It's healthier.

Dan: Oh, Ellen, that's crazy! Vegetarians are always thin and unhealthy. You don't get enough iron and vitamins without meat.

Ellen: You can get iron and vitamins from other foods.

Dan: But vegetarian food is so bland and boring. People need meat!

Ellen: That's not true. And what about the poor animals?

Dan: Well, they're only animals aren't they? Humans are more important than animals.

Ellen: No! Animals ...

Dan: What about the vegetables? It's cruel to kill plants, too! And look at all the GM crops now. Tomatoes with fish genes and potatoes with chicken genes, for example. That's not healthy, is it?

Ellen: No, but ... but people in lots of countries are hungry and producing meat takes away the land they need to grow their food.

Dan: Well, I don't care about people in other countries. Farmers in this country need jobs! Besides, I'm hungry now and I need meat. It tastes better than other things and I don't care where it comes from! It's about freedom of choice, isn't it?

Ellen: Yes, it is – and I choose not to eat meat.

Dan: Ellen ... Let's order. Do you want a boring vegetarian salad?

Ellen: No, thanks. I'm not hungry now.

Dan: OK. ... A half pound triple cheeseburger and fries, please.

Assistant: Sure. What would you like to drink?

Dan: Nothing, thanks.

Assistant: That's ten dollars ninety-five, please. Here you are. Thank you. Have a nice day!

Dan: Thanks. Mmm... delicious! You can't beat meat!

Unit 6 Eat your greens!

CD 1, Track 9 (American)

Pronunciation: Word stress

(See Workbook page 15)

A 1 Listen to and repeat these nouns and adjectives.

environment	environmental
accident	accidental
miserable	miserable
knowledgeable	knowledgeable
geography	geographic
economy	economic

B 1 Listen and repeat.

produce
increase
decrease
export
research

produce
increase
decrease
export
research

Unit 7 For your eyes only

CD 1, Track 10 (American)

Lizzie: I can't believe you've done that! You've posted stuff about me on your website! What did you do that for?

Josh: Why not? I love you, Lizzie, and I want to tell people how I feel! It's not a secret, is it?

Lizzie: It's just self-exposure, that's what it is. I want our lives to be private, thank you very much. I don't want you writing stuff about me on the web, so everybody in the whole wide world can read it.

Josh: Well, I've never written anything bad. In fact, I've only said how smart, how GREAT you are. You're the best thing that's ever happened to me. Why can't I tell other people that?

Lizzie: Typical! You men are so self-centred. You don't think about other people's feelings.

Josh: Oh, come on, that's not fair, Lizzie. You know it's not just men who write blogs. There are lots of web diaries by women. And some of them write about everything in their lives. And I mean everything! But then that's the great thing about blogs – you can write about *anything*. There's no control.

Lizzie: Well, you've got no self-control. Most blogs are just boring stuff anyway. There are no editors to check that people write about something interesting – or that they write properly. Have you noticed how many people can't even spell?

Josh: Yeah, OK ... but if you don't want to read blogs, just don't read them. I think they're a good way to find out about other people's experiences and, you know, meet new people.

Lizzie: Meet new people? How can you do that on a computer? That's not real communication. You know, I think we all just spend too much time on the internet – and too little time talking to our friends and family.

Josh: Give me a break! The internet is a great way to communicate, can't you see that?

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Unit 7 For your eyes only**CD 1, Track 11** (*British*)**Pronunciation: Strong and weak forms***(See Workbook page 17)***A** Listen and repeat these sentences.

- 1 Writers post details about their lives **and** thoughts.
- 2 Sam has just proposed **to** me.
- 3 I write without **an** editor changing things.
- 4 Here are some tips **for** writers.

B Listen and repeat these sentences.

- 1 This blog isn't just about me – it's about me **and** you.
- 2 I had nobody to talk **to**.
- 3 He hasn't just got **an** editor, he's got three!
- 4 What did you do that **for**?

C Listen and check your answers.

- 1 I wrote about it in my blog, **of** course.
- 2 Where does Salam Pax come **from**?
- 3 She's **at** her desk.
- 4 I'm not **as** clever as you – I'm cleverer!

thing to do. Oh, and my mobile's really useful for watching the latest football goals.

Roz: I love my mobile! My boyfriend works away from home a lot, so we send video messages to each other. I don't miss him as much when I can see where he is and what he's doing. Sometimes I download music and listen to it on my phone. But I don't think the quality's very good. I've got a really good MP3 player, so I prefer using that.

Message: Hi. I can't take your call now. Please leave a message after the beep.

Unit 8 Fashionistas**CD 1, Track 12** (*British, Australian, South African*)

Man: Hello. I'm from your mobile phone company. We're doing a survey, asking people how they use their mobile phones.

Martin: Oh, hello.... right. Well, I use mine for calls sometimes, but that's too expensive. I prefer sending text messages. My girlfriend and I text all the time. I also use it for playing games, mostly when I'm on the bus, or in the breaks at college.

Lindy: I've got two mobiles. I use them to chat with friends. We don't really talk about anything important – you know, just what's happening, and who's seeing who.

Excuse me...

Oh ... Hi Em, where are you?

Listen, I'm on the other line. Can you call me back in a minute? Bye.

Yeah, as I was saying

Erica: For me, it's really important how my mobile looks. It's really small and very stylish. I have three different covers for it, so it always matches my look.

Thomas: I've just got a job with a sales company and they gave me a mobile. I'm out in the car a lot, but I'm careful not to use it while driving. I use it to check my email and call customers.

Mike: If you don't text, you're out of it. I use texts to ask girls out. Once I used a text to dump a girlfriend, but everyone said that was a horrible